

BUILDING FINE MOTOR SKILLS

- MANIPULATING PLAY DOUGH
- THREADING OBJECTS
- GETTING DRESSED UP WITH BUTTON/ZIPS
- COLOURING OR PAINTING BETWEEN LINES
- USING CLOTHES PEGS
- STRETCHING RUBBER BANDS OR LOOM BANDS
- USING POP BEADS
- SQUEEZING SMALL GLUE BOTTLES
- PULLING OBJECTS OFF STICKY PAPER
- PICKING UP MARBLES
- PAINTING WITH COTTON BUDS
- TIGHTENING NUTS ONTO BOLTS
- USING TWEEZERS OR TONGS TO PICK UP OBJECTS
- BENDING PIPE CLEANERS OR WIRE
- USING STAMPS ON PAPER OR PLAY DOUGH
- TEARING PAPER
- USING LEGO
- HAND SEWING
- USING SCISSORS
- TRANSFERRING WATER BEADS
- USING STICKERS
- PUSH PINS THROUGH PAPER
- SQUEEZING PAINT PIPETTES
- USING HOLE PUNCHES

ideas for play

